

# TRAVEL SCRAPBOOKING

CAPTURE YOUR MEMORIES IN A  
VISUALLY MEANINGFUL WAY

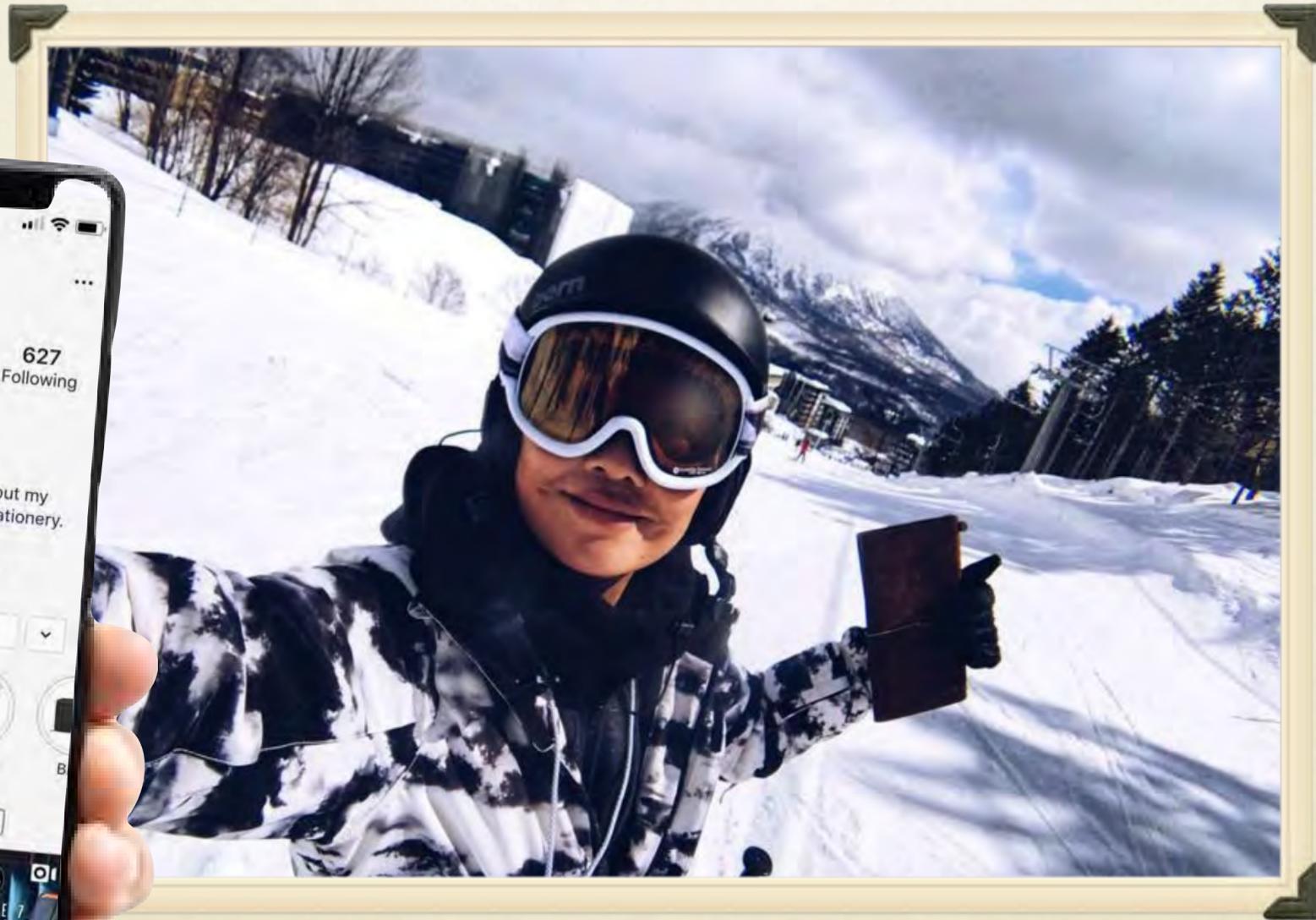
zafigo <sup>x</sup>  
2019

DISCOVER. LEARN. MEET. GO.



# WELCOME TO MY WORKSHOP!

*My name is Tercia. Friends call me Tersh.*



**Freelance Digital Strategist  
Designer Copywriter Scrapbook Journaler**



**JOURNALING IS A POSITIVE  
HABIT OF INCREASED  
MINDFULNESS THAT CAN  
CARRY OVER INTO ALL  
AREAS OF YOUR LIFE.**

There are different types of journaling!



Journaling on things you're passionate about:  
i.e Religion. Gardening. Food. Gratitude. Travel.

— habit tracker —

DECEMBER	F	S	S	M	T	W	T	F	F	S	S	M	T	W	T	F	S	S					
hours slept	7	7	8	6	5	6	6	5	6	7	7	8	8	5	5	6	6	7	8	7			
took medicine																							
took vitamins																							
pain AM (1-10)	2	3	2	2	1	4	5	5	4	2	3	5	6	6	5	7	7	6	5	4	3	2	2
yoga																							
bloating																							
menstrual cycle																							
heartburn																							
diarrhea																							
water (2L/day)																							
pain PM (1-10)	3	3	4	1	2	5	6	7	3	5	6	5	6	7	6	8	8	7	3	3	3	3	



**WHY SHOULD YOU  
KEEP A TRAVEL  
SCRAPBOOK  
JOURNAL?**

# It's a great way to document your adventures beyond a picture of a selfie!

A priceless and tangible keepsake

Keeps you company throughout your journey.

Helps you slow down pay attention to the details.



A vault of information

A form of creative expression and self-discovery.

A way to anchor us and help us absorb the information around us.

Deepens your Reflections (Mental and emotional health)

A journal filled  
with memories  
will last long  
after your trip  
has ended!

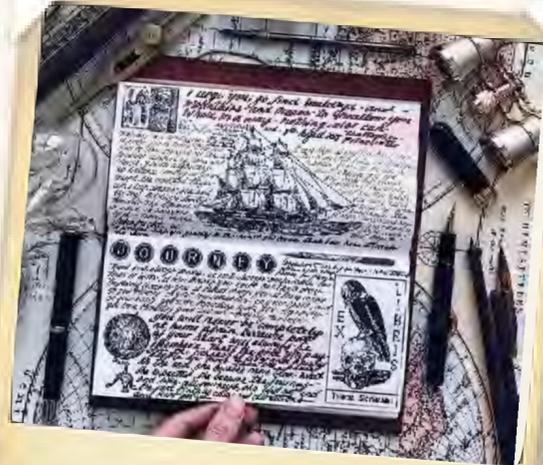


The background is a light-colored, textured surface with a faint, repeating pattern of a classical building facade. Overlaid on this are several vintage-style photographs with white borders, tilted at various angles. The photos depict various scenes: a river flowing through a city with buildings on the banks, a large classical temple with columns, a tall church spire, and other architectural details. A yellow and blue striped object, possibly a pen or pencil, is visible in the lower-left corner.

**GOOD NEWS!  
THERE ARE NO RULES!**

**Everyone's style is different. There are no rules. Start journaling and you will begin to develop your style.**

# MY PERSONAL STYLE



I COMBINE JOURNAL AND SCRAPBOOKING



A more visual and expressive form of journaling.



# DIFFERENT JOURNALING STYLES

## KEEP IT MINIMAL



Credit: @pooi\_chin

## KEEP IT SIMPLE



Credit: Verbal\_To\_Visual

## BULLET POINTS



Credit: Google

## KEEP IT ORGANIZED



Credit: @mydocumentedlife

## MORE PICS, LESS WORDS.



Credit: @studio\_calico

HERE'S AN EXAMPLE OF MY TRAVEL JOURNAL....



MY AUSTRALIAN TRIP IN AN ACCORDION NOTEBOOK



**WHAT DO I  
TRAVEL WITH?**

# WHAT I TRAVEL WITH

Fountain Pens / ink cartridges

Rubber stamps

Ink pad

Postal stamps



Postcards

Stickers

Glue tape

Pre-made  
Wax seals



# PORTABLE PRINTER



The only way to do great work is to love what you do.



Alternatively:  
If you want purely  
Colored pictures,  
Try polaroid printers  
Or portable picture printers

**Phomemo** Prints in B/W  
Great for boarding pass,  
receipts, decorative papers,  
adhesives, transparent  
stickers



15% Discount code SKYBAMBI at [www.phomemo.com](http://www.phomemo.com)

# BASIC ESSENTIALS

1. Scissors



Glue Stick



2. Paper Clips



3. Pen / Markers



4. Glue Tape



5. Washi Tape

OR



**HOW DO I TRAVEL  
WITH MY JOURNAL  
SUPPLIES?**

# TRAVEL FRIENDLY STORAGE SOLUTIONS

Keep loose papers, ticket stubs, restaurant business cards etc in an accordion folder or envelopes.



Small tins to keep small paper scrap, stamps or cutouts, polaroid pictures etc.



# TRAVEL LIGHT



PVC Cards for adhesive tapes.  
Pic via: Bee Happy Crafts



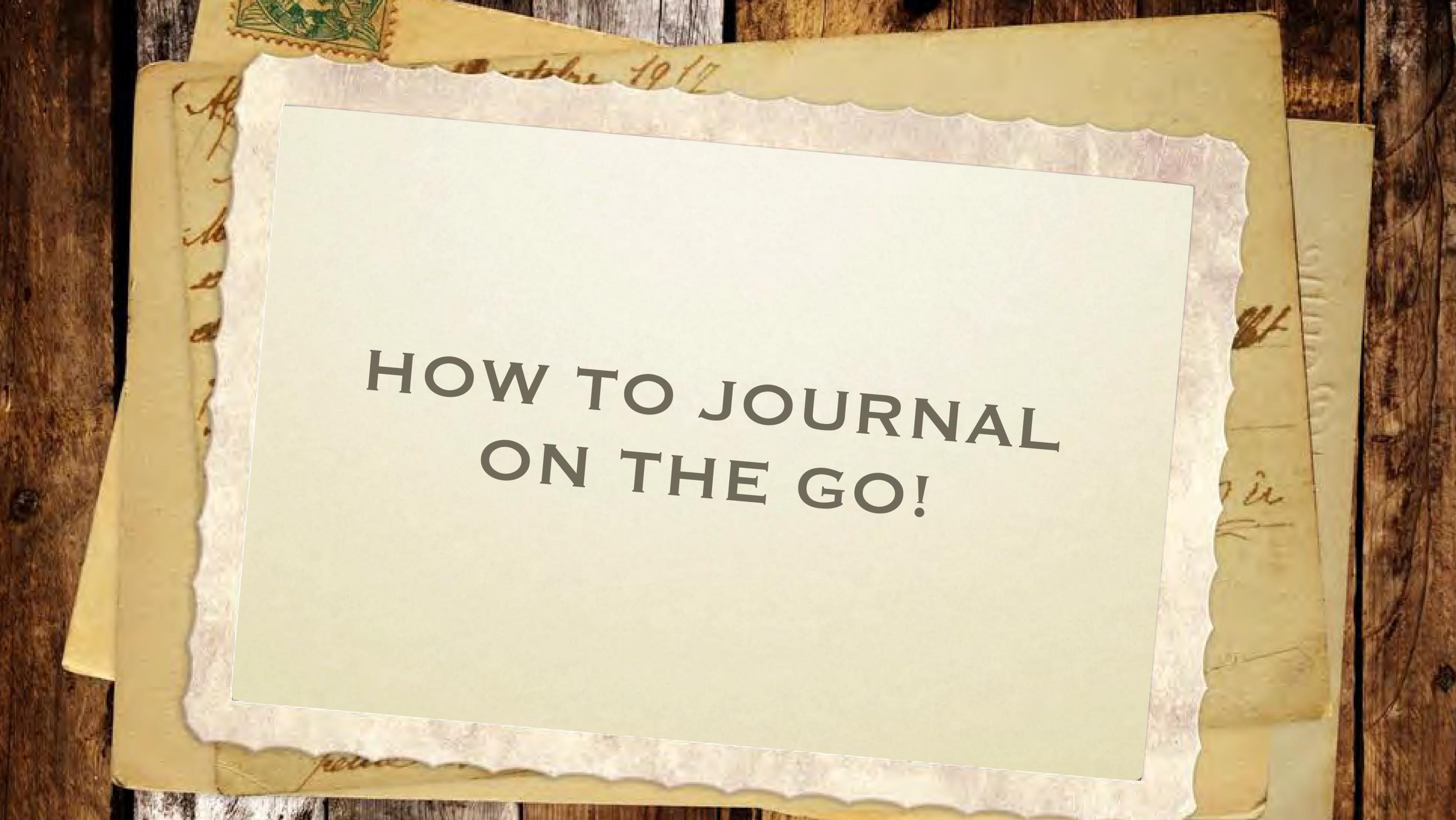
Popsicle sticks for adhesive tapes  
Pic via: @mongsheruxo



Paper clips to attach loose pieces  
to your journal to keep things  
organized.

P.S If you're traveling with fountain pens, make sure you put them in ziplock bags  
incase they leak from cabin pressure.





**HOW TO JOURNAL  
ON THE GO!**

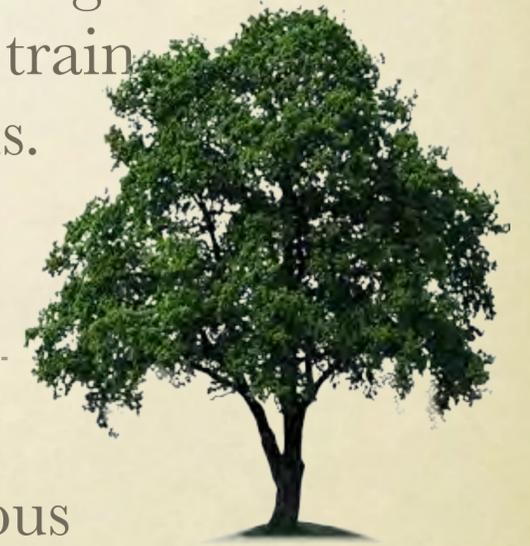
# FINDING THE TIME TO JOURNAL

WRITE. SKETCH. COLLECT



When you're commuting:  
-----  
On the plane, on the train  
Or waiting for the bus.

When you're at the park -----



-----  
When you're visiting famous  
landmarks.

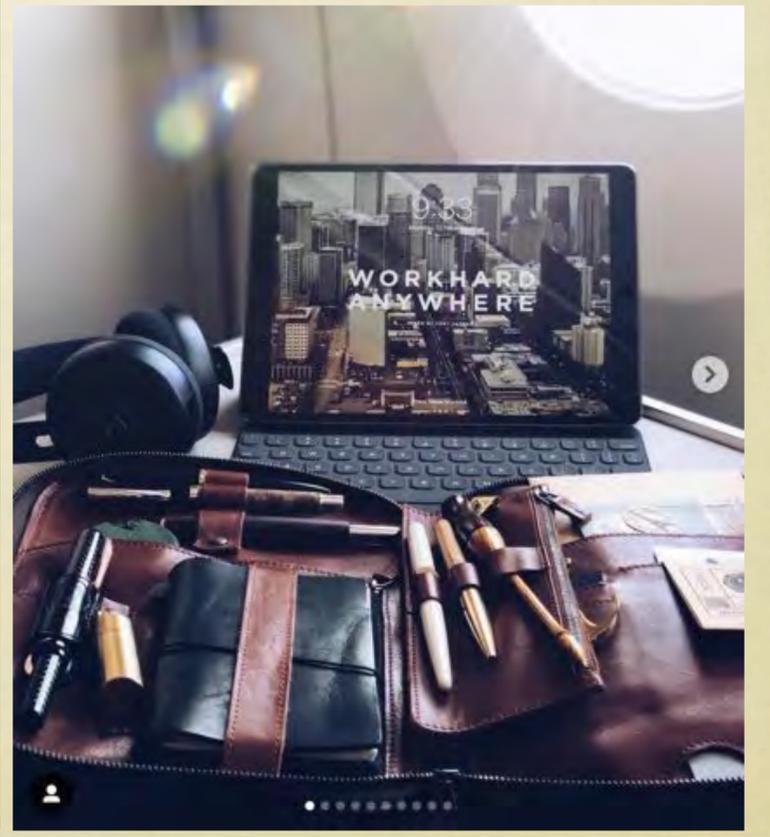
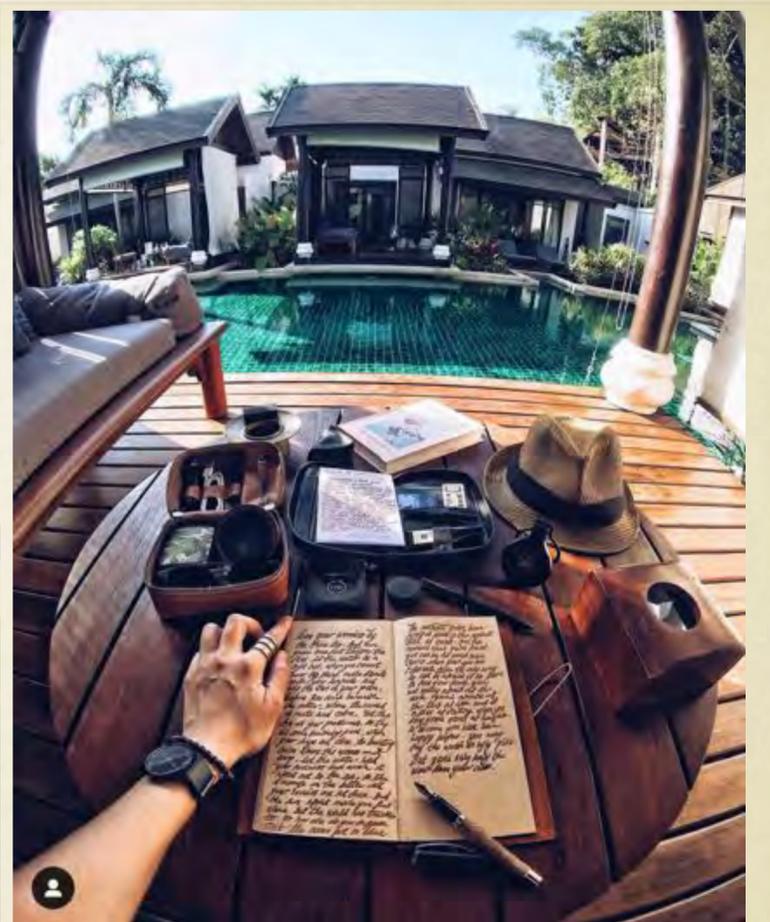


When you're back in the hotel -----



My personal  
favourite, a local  
coffeeshop!





**If journaling on the go is not for you, no worries! You can also....**



**Do it after your trip!**

(Although I recommend at least writing on the go so that you don't miss out on the little details).

**Pre-plan your pages!**

Add on your travel elements as you go.



**QUICK TIPS  
TO GET YOUR  
STARTED!**

# THINGS TO INCORPORATE INTO YOUR JOURNAL

Coaster, business card or receipt  
from the restaurant

Fallen leaf from the park

Travel stubs, boarding tickets,  
brochures

Hotel stationery

Postcards, stamps (a different  
kind of souvenir)

Polaroid pictures

Maps



# QUICK TIPS



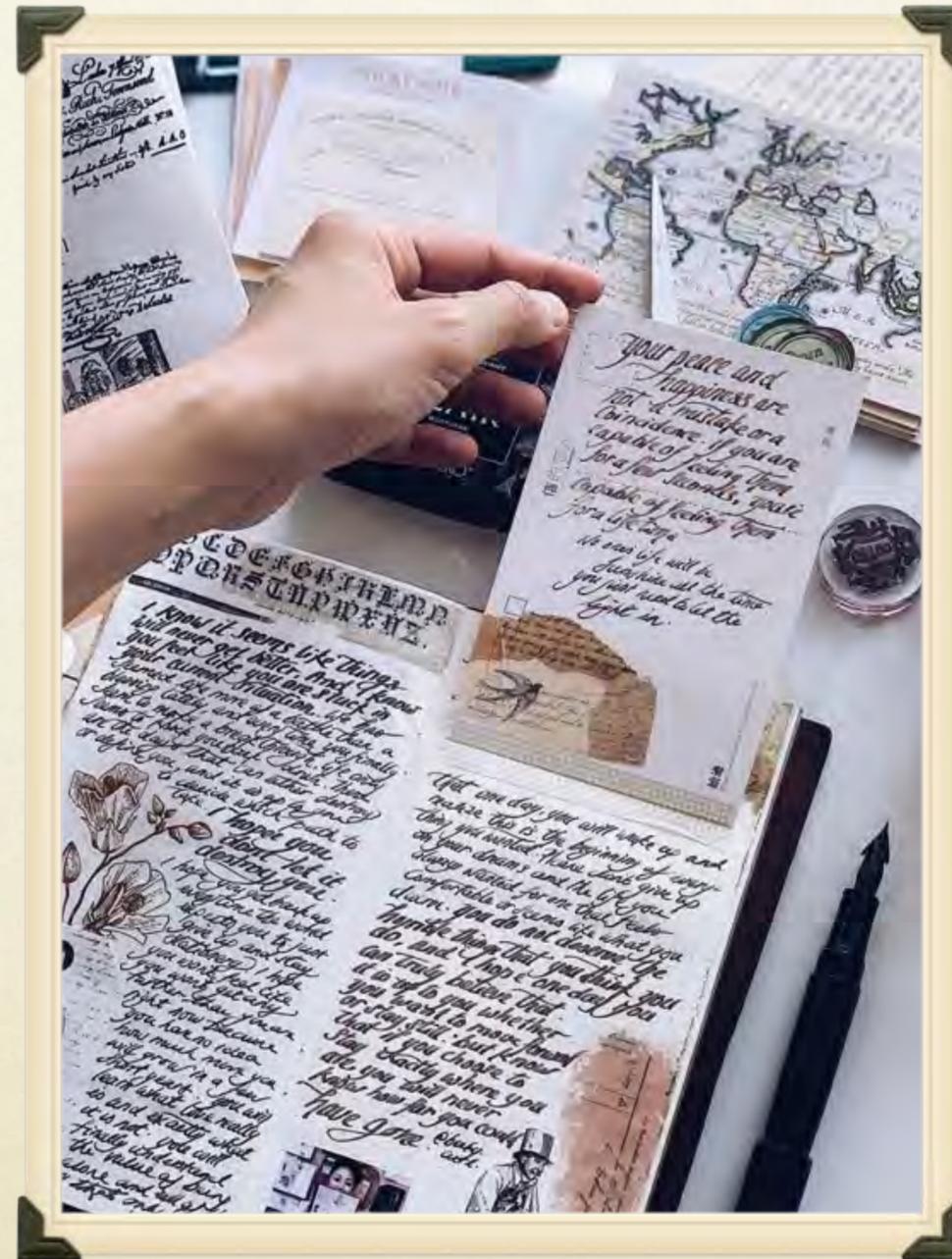
1. Create dividers with paper or postcards using decorative adhesive tapes.

2. Decorate the corners. Don't be afraid to tear and stick things over one another.

3. Create pockets within the pages to hold keepsakes



4. Add pictures! It will instantly make your pages come to life with a more human touch.



5. Create flip up cards. You can create more surface for writing or pictures.

6. Tear and stick! Cutouts a old magazine or newspaper, a leaflet, a brochure or even a wrapper from your takeaway burger!



A collage of images including a notebook, a pencil, and various photographs of nature and architecture. The notebook is open, showing a blank page with faint pencil sketches of a building. A yellow pencil lies diagonally across the notebook. Several photographs are scattered around, showing a river, trees, and a building. The overall theme is journaling and capturing moments.

**THE FIRST STEP  
TO JOURNALING...**

**.... IS TO BEGIN!**

A stack of scrapbook pages is shown, with a central piece of aged, yellowish paper. The paper has a slightly textured appearance and some minor discoloration. The text is printed in a bold, black, sans-serif font. The background of the stack consists of various other pages, some with decorative borders and some with photos, though they are mostly obscured by the central page. The entire stack is set against a light green background.

**LET'S START  
SCRAPBOOKING!  
GRAB SOME SUPPLIES  
AND GIVE IT A GO!  
HAVE SOME FUN!**

# Thank you For joining Me today!



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